



31st March – 3rd April

2016 APV ECO-Venture

KA1 Youth exchange – Preparatory visit

Dear friends, partners, representatives,

We invite you to Poland for the preparatory visit! Please read all the information about the project and just let your creativity and visions for this project flow so we can involve it in the project in a way so we fulfill our expectation, potential and achieve the aims of the project

**Information for
leaders**

Basic information

**Schedule of
preparatory visit**

***this is first version of INFOpack – information may change according needs of involved participants / organizations

General information

Location: Supraśl (15km from Białystok) <http://www.bukowisko.com.pl/>

Date of preparatory visit: 31st March – 3rd April 2016

Number of representatives for preparatory visit: 2 leaders per country

Accommodation and food are fully covered by program Erasmus+, travel cost are covered according the list below - reimbursement after receiving the original tickets and invoices!

Contact person: Izabela Łapuć Peekaboo3@wp.pl +48 606 999 163

Financial aspect of project

Travel cost for the youth exchange

| Country | Maximum Distance Band (based on real distance) | Max. Travel costs limit per person |
|----------------|---|---|
| Poland | The lowest below 10km | upon request |
| Czech Republic | 500-1990km | 170EURO |
| Germany | 500-1990km | 170EURO |

You will receive your reimbursement after providing us all your tickets!

Practical information travel

!!!! PLEASE LET US KNOW ABOUT YOUR TRAVEL AND TRAVEL EXPENCES ASAP SO WE CAN PREPARE THE LOGISTICS AND YOUR REIMBURSEMENT.

Change rate: 1€ – 4,34 Zł (please pay attention where you change your money – some of this services have commission or bad rates – ask before you change ☺)

After arriving with bus/train to Warsaw: you can find bus connections from Warsaw to Białystok here: <https://plusbus.pl>

If you want we might drop you from Białystok to Supraśl. Just give Izabela a call and we will arrange the transport.

Schedule of APV *may change – we keep you updated*

DAY 1 - Warsaw/Białystok/Supraśl

Arrival of participants to Warszawa/Białystok– meeting with all

Representatives moving to Supraśl

Dinner

Getting know each other, presentation of organizations in informal way

DAY 2 – Supraśl- venue of project

Breakfast

Presentation of the project – schedule, aims, details

Discovering places where activities take part

Discussing and co-creating schedule for the project

Lunch

Discussing and co-creating schedule for the project II

Discussing practicalities

Dinner

Free time

DAY 3 – Supraśl

Breakfast

Finishing final schedule and dividing responsibilities

Working on materials and practicalities for project

Lunch

Finishing materials and practicalities for project

Discussing final details and evaluation of the meeting

(if we have time – we can create video invitation for participants)

Dinner

Free time

DAY 4 – Supraśl/Białystok/Warsaw

Breakfast

Departure

Information about the youth exchange

Venue of project

Supraśl - Poland, <http://www.bukowisko.com.pl/>

The village is near to Białystok and offers us beautiful natural surrounding for the activities outside and walks in nature. Local community may be interested in our events open for public. The venue offers nice accommodation, good food, different types of places for activities, friendly staff and it will be exclusively just for our group.

date of youth exchange

13th June - 22nd June 2016 / 3x (10+2) +1 person support = 37 people

Participating countries and travel costs

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|----------------|---|---|
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| Germany | 500-1990km | 170EURO |

Participants profile

Age - 15 - 30 with interest for the topic, preferable - low or no knowledge of English (we will choose working language and design project activities according to participants language skills) , disadvantaged youth - unemployed people, economical obstacles, minorities etc.

Project activities

Please see the proposed activities to get idea how we planned the projects – the final schedule will be created during preparatory visit together with active involvement of all youth leaders and their ideas for activities

- every partner country will be responsible for part of the program

-Program activities and places we will visit may change according the needs of our participants

- cooking, workshops about healthy food
- creating video outcomes from workshops about ecology
- creating Eco-sings
- visit and discussion in social oriented business
- creating CVs
- intercultural evenings
- visit of Białystok
- ethnographic trips
- and of course many games, ice-breakers, fun activities, teambuilding games, secret missions, forest games etc.