



13th June - 23rd June

2016 ECO-Venture

KA1 Youth exchange – Project

Dear friends, partners, representatives,

We invite you to Poland for our project in Supraśl!
Please read all the information about it and just let your
creativity and visions flow so we can involve them to
fulfill our expectations, potentials and achieve the aims
of the project

**Information for
leaders**

Basic information

**Schedule of
project**

***this is first version of
INFOpack – information
may change according
needs of involved
participants / organizations

Information about the youth exchange

Venue of project

Supraśl - Poland, <http://www.bukowisko.com.pl/>

The village is near to Białystok and offers us beautiful natural surrounding for the activities outside and walks in nature. Local community may be interested in our events open for public. The venue offers nice accommodation, good food, different types of places for activities, friendly staff and it will be exclusively just for group.

You can find some photos from APV here: <https://www.facebook.com/groups/568393123327786/?fref=ts>.

We will stay in tripple and double rooms with ensuite bathrooms.

Financial aspect of project

Travel cost for the youth exchange

Country	Maximum Distance Band (based on real distance)	Max. Travel costs limit per person
Poland	The lowest below 10km	upon request
Czech Republic	500-1990km	170EURO
Germany	500-1990km	170EURO

You will receive your reimbursement after providing us all your tickets!

Participant and travel information

Participants profile

Age - 15 - 30 with interest for the topic, preferable - low or no knowledge of English (we will choose working language and design project activities according to participants language skills) , disadvantaged youth - unemployed people, economical obstacles, minorities etc.

!!!! PLEASE LET US KNOW ABOUT YOUR TRAVEL AND TRAVEL EXPENCES ASAP SO WE CAN PREPARE THE LOGISTICS AND YOUR REIMBURSEMENT.

Change rate: 1€ – 4,34 Zł (please pay attention where you change your money – some of this services have commission or bad rates – ask before you change 😊)

After arriving with bus/train to Warsaw: you can find bus connections from Warsaw to Białystok here: <https://plusbus.pl>

If you want we might drop you from Białystok to Supraśl.

Project activities

You will find the detailed timetable schedule on the next page

HOURS	13.06 1	14.06 2	15.06 3	16.06 4	17.06 5	18.06 6	19.06 7	20.06 8	21.06 9	22.06 10
8.30-9.00	Arrival of participants	BREAKFAST								
9.00-9.30		MASS MEDIA								
9.30-11.00		A Getting to know each other	A Introducing the whole week program.	A B A trip to Kruszyniany Or Bohoniki	A Volunteering	A B Midterm evaluation	A Erasmus+	A B Creating the eco Project in national grups for the local communities.	A Passing the signs to city representatives	Sharing contacts and photo Cleaning
11 – 11.30 Coffee break		B Team building	B Art school Workshop visit and a stroll to Supraśl		B We as eco -volunteers		B Getting the ideas for volunteering actions in the forest.		B Follow-up planning	
11.30-13.00	DINNER									
13-15	Getting to know the venue	C Rules	C Voting for the best signs	C D A visit to Poczopek the headquarters of polish Forestry Departament Krynki.	C D Art school workshops - finishing the signs	C D Białystok eco city game	C Eco-forest game	C D Presentation of national eco-projects and discussion	C Final evaluation	
15 – 16.30		D Expectations and fears.	D Eco-volunteering , me and ecology		D Help the environment preparation of the movies or presentations from different countries		D Youth pass			
16.30-16.45 Coffee Break		SUPPER								
15.45 – 18.30	Ice breakers	E Reflection groups								
18.30 – 19.00		F Intercultural evening - Poland	F Intercultural evening – Czech Republic	F Sharing impressions	F Intercultural evening – Germany	F Chill out evening	F Eco -movies and presentations	F Photo contest	F Good bye party	
19-19.30	G Leaders meeting									
19.30 – 21.00										
21.00										

PLEASE FEEL FREE TO COMMENT AND ADD TO OUR PLANS ON

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